



E4C's Case Management Team (CMT) uses a housing first model and provides comprehensive supports to assist chronically homeless individuals to attain and maintain long-term affordable housing.



Changing Lives • Growing Community

**ArtStart is part of the E4C family of programs.**

E4C is a charitable, human services organization that works towards changing lives and building stronger communities by:

- Feeding hungry people
- Creating affordable housing
- Providing safety and support
- Parenting and early learning

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All donations are tax-deductible.  
Charitable Registration Number: 13155-8140-RR0001

#### Housing

- Securing housing and obtaining furniture, household goods, damage deposits, payments of utilities and utility
- Housing maintenance through regular home visits
- Liaising with landlords to ensure housing stability

#### Ongoing

- Education
- Advocacy
- Support - 24 hour on-call and regular follow-up
- Referrals to community agencies

#### Basic Needs

- Assistance with housing search, identification, clothing, food, transportation and financial security
- Life skills coaching including money management/budgeting, shopping, cooking, hygiene and coaching on socially acceptable behaviours
- Legal needs including referrals and court support

#### Physical & Emotional Health

- Support for medical needs
- Assist with addictions and relapse prevention
- Emotional support including referrals to counseling for anger management, self-esteem and personal growth to learn new coping strategies

#### Pregnancy, Repatriation and Childcare

- Support and referral for healthy pregnancy and child birth
- Advocating with Children and Family Services
- Assisting service users to reunite with their children
- Parenting skills and childcare

#### Stabilization

- Job Search
- Referrals for education programs and upgrading
- Connecting service users with resources within their community

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#### Case Management Team

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