



**E4C**  
Changing Lives • Growing Community

**E4C is a diverse, vital,  
proactive, creative and  
innovative organization.**



E4C is a charitable, human services organization that works towards changing lives and building stronger communities:

- We shelter the homeless
- We care for people in need
- We feed hungry people
- We provide a wide range of affordable & supportive housing
- We increase the capacity of individuals, families and the community
- We build family strength and child success through parenting and early education, training, classes and supports
- We offer diverse services, providing people with skills, personal competency and capacity growth and connections in the community
- We strengthen the charitable network and expand its capacity

All donations are tax-deductible.  
Charitable Registration Number: 13155-8140-RR0001

Founded in 1970, E4C is a charitable human services organization providing multiple and diverse range of services. E4C works to achieve effective, collaborative efforts in response to need and emergent issues.

We focus on people. E4C is present and active at a time of need providing a range of programs and services. These services extend through a full range, beginning with comfort and care, extending to innovative and transformative services that lead to positive change, and increasing capacity.

We participate in networks, associations, joint ventures and partnerships in helping people connect with resources and the community. E4C is committed to changing lives for the better and to growing stronger communities.

E4C values live strongly in our services. We work with people to create transformational potential that changes lives. E4C builds strength, capacity, inclusivity and understanding.

#### OUR VALUES

##### Courage

Overcoming adversity requires real courage. We recognize courage in people and support them in making lasting change.

##### Compassion

Compassion grows from understanding. We believe in the value of each person and demonstrate compassion in every aspect of our work.

##### Connection

Everyone needs to belong. We work in partnership to help people make positive connections and build healthy relationships.

##### Commitment

Lasting change takes time. We honour our commitment as partners in change with people and the community.

#### OUR PHILOSOPHY

- We accept each person at her or his respective starting point.
- Each person is entitled to a full measure of dignity and respect.
- People have the right to be involved in the decisions that affect them.
- We plan and work with individuals to build on their strengths and assets, their abilities and capacities.

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E4C engages in a wide spectrum of human services throughout the community, to individuals and families of all ages, backgrounds and life situations.



Our young people are the future of our community and our belief is that they should have access to resources that will help them succeed. We offer snacks and lunches for high-needs schools and playground sites, early intervention services, and arts education. Youth receive job training and a chance to be heard and respected for who they are.

For those living in desperate circumstances, E4C provides emergency and transitional services, giving hope, healing and shelter to individuals moving on to a better life.

Believing that everyone deserves more than just a roof over their heads, we are committed to providing and advocating for a range of affordable housing alternatives where those of modest incomes can have a safe and affordable place to call home.

E4C has a commitment to provide supportive transitional housing for people working to leave life on the streets and to build a healthy personal future. We have designated housing resources in both the city and in rural Alberta for this purpose.

#### E4C SERVICES INCLUDE:

### Early Learning Services

**ArtStart** is a low-cost, high quality arts exposure program for children 6 to 12 years old. We provide lessons in Music, Dance, Drama & Visual Art as well as field trips and other opportunities. **Clareview Head Start** and the **Early Head Start** programs provide preschool children and their parents a head start in child development and school readiness as well as offer early intervention programs which provide support, information and services. The **Northeast Community Program** is a recreational program for children and youth at risk.



### Housing & Mental Health Services

**Meadow's Place** and its satellite houses offer long-term housing to 20 people with a history of ongoing mental illness. **McCauley Apartments**, contains 37 two-bedroom subsidized suites—some for

people on limited incomes and and may have mental illnesses. **Our Place** offers women with mental illness supported long-term housing. **Sorensen Place** has 17 subsidized self-contained bachelor units. **G-C Place, Our Other Place and Stollery Place** are three complexes with self-contained bachelor units for low income people who may suffer from a mental illness and can live independently. **Gold Nugget Suites** has 10 self-contained bachelor suites for low-income singles. **Holmes Place** has 10 one-bedroom units and is a long-term, housing project. **The Case Management Team** works to reduce homelessness by providing focused outreach support to E4C service users.

### Nutrition & Community Services



The **School Lunch Program** feeds over 2300 hungry children every school day at high-needs schools. The **Snack Program** gives funding to schools to provide a mid-morning snack to over 6,300 elementary children or a drop-in breakfast program to junior high

students as well as providing nutritious snacks throughout the summer months at city park sites. **Make Tax Time Pay** provides tax preparation assistance in the Edmonton area at no cost to individuals and families.

### Transitional Services

**Crossroads Program** offers alternatives, support, and hope to children and adults involved in prostitution and at risk of sexual exploitation. **Elizabeth House** offers 24 homeless women short-term accommodation and assistance in their integration back into the community. **WEAC** provides 75 emergency beds, meals, transportation, and security for women in a 24-hour-a-day facility. **Women Moving Forward** is a comprehensive project that provides pre-employment support and training to homeless women.

### Social Enterprise

The **Kids in the Hall Bistro Program** enables at-risk youth to develop life and job skills through an innovative partnership between business and the community. The **Financial Management Program** offers human service charities professional financial services at a reduced rate, allowing organizations to put the savings towards their core mission.



#### YOU CAN MAKE A DIFFERENCE

You can make a donation to E4C.

You can tell your friends and family about the vital services we offer to the community.

You can also learn more about us by visiting our web site at: [www.e4calberta.org](http://www.e4calberta.org).

