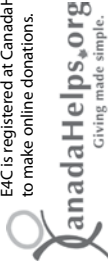




9321 Jasper Avenue  
Edmonton, AB T5H 3T7  
www.e4calberta.org

ph (780) 424-7543  
fax (780) 425-5911  
e-mail info@e4calberta.org

E4C is registered at CanadaHelps.org  
to make online donations.



2010BRDON  
EHS

Please complete and return this form to E4C.  
Please make your cheque payable to E4C.

Enclosed is my tax deductible donation for:  
(Please check one)

- \$50 feeds a nutritious meal to 20 hungry children
- \$100 feeds a classroom of hungry children
- \$150 feeds a nutritious meal to 60 hungry children
- \$200 feeds 80 hungry children a nutritious meal
- \$500 feeds a high-needs school for a day or one hungry child for a year
- Other \$ \_\_\_\_\_

Gifts can be made:      One Time      Monthly for      months  
(Monthly gifts can be given via postdated cheques or credit card)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Signature: \_\_\_\_\_

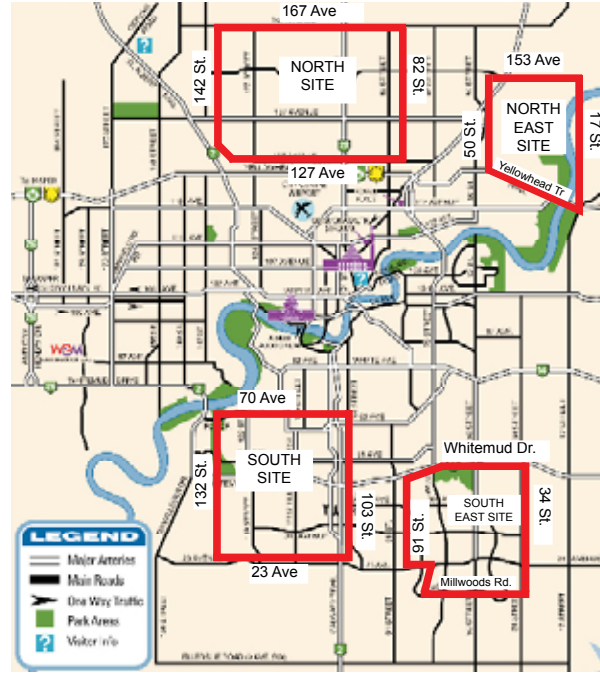
Charitable Reg. # 13155 8140 RR0001

Edmonton City Centre Church Corporation operating as E4C

E4C Right to Privacy Policy: E4C protects your personal information and adheres to all legislative requirements with respect to protecting privacy. We do not rent, sell or trade our mailing lists.

E4C HOPES TO RAISE \$1,600,000 FROM OUR 2010 FUNDRAISING CAMPAIGN. OUR TOTAL COSTS FOR THE CAMPAIGN ARE ESTIMATED TO BE \$90,000 OR 5.6%. FOR MORE INFORMATION CONTACT: JIM DRINGINDA, FUND DEVELOPMENT ASSOCIATE, AT 780-424-7543 EXT 116.

[www.e4calberta.org](http://www.e4calberta.org)



### Site Boundaries and Locations

North Site:  
Africa Centre  
13160 - 127 Street

North East Site:  
Clareview Head Start  
1142 Hermitage Road

South East Site:  
Sunrise Community Church  
3303 - 37 Street

South Site:  
Allendale School  
6415 - 106 Street



### EARLY HEAD START

9321 Jasper Avenue  
Edmonton, AB T5H 3T7  
www.e4calberta.org  
ph (780) 426-3666  
fax (780) 424-1372  
email: ehs@e4calberta.org



Changing Lives • Growing Community

Early Head Start is a part of the E4C family.

E4C is a charitable, human services organization that works towards changing lives and building stronger communities by:

- Feeding hungry people
- Creating affordable housing
- Providing safety and support
- Parenting and early learning

E4C  
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All donations are tax-deductible.  
Charitable Registration Number: 13155-8140-



An Early Head Start  
is the Right Start



Changing Lives • Growing Community

## About Early Head Start Activities...

### About the playgroup

The parents and children come to playgroup once a week. The focus is on learning through play, where children develop skills and strengths in all areas of their development. It is a time for adults and children to have fun together.

### About the parent group

Parents get the chance to spend some time with other adults and to have a break from their routine. Parents share information and talk about issues that are important to them. While the parents are in parent group the children continue enjoying the playgroup and receive a nutritional snack.

### About the home visits

Home visits are a time for the family to meet one-on-one with a consultant to discuss the issues that are important to the family and to help achieve the family's goals.

The focus of Early Head Start is enhancing the child's development by supporting the family as primary educators of their children during the critical first 3 years of the child's life.

Referrals to Early Head Start may be made by a variety of sources. Service may be requested directly by parents, doctors, public health nurses, schools and social services.

## We believe:

- The first 3½ years are the most formative years in a child's life
- Families are the first and most important teachers in a child's life
- Families have a right to be treated with respect and dignity
- Children do best in situations where there is love, trust and safety



## Early Head Start targets 3 key areas:

- Child development: including health, social, cognitive and language development. We provide families with information, support and services to best nurture their children's development at that time.
- Family development: promoting family health and positive relationships between parent and children.
- Connecting families to their communities through appropriate referrals, community collaboration and integration of services to support families with young children.

## Who can we help?

- Low income families living in one of our four service zones
- Families with children under 3½ years



## We want you to know:

- The program is free
- Participation is voluntary
- Transportation is provided
- The program has a positive focus and builds on the families' strengths
- Cultural differences are respected and honoured

## We provide:

- Regular home visits
- A family playgroup
- A parent group
- Transportation to and from the weekly group
- Help in accessing community services
- Information on parenting and child development
- Help for families to advocate for themselves
- Long-term support so families can reach their goals

## Do You Love Children & Enjoy Playing?

If you are an energetic person who enjoys children 0 - 3½ years the Early Head Start Program has a volunteer opportunity for you.

We are looking for flexible individuals who can play interactively with children and provide good role modeling and cooperative play skills.

We have four playgroup sites in Edmonton. Each group runs once per week for two hours. Group days are Tuesday, Wednesday, Thursday and Friday mornings.



The Early Head Start program provides support, information, and services for parents of young children up to 3½ years that are considered to be at risk.

If you are interested please call:  
(780) 426-3666.