



- 2 Local Realtor Walks for Kids
- 3 ArtStart Volunteers Needed
- 3 Staff Profile
- 4 Thank You For Your Help

## E4C celebrates 37 years of dedicated service to the community at its AGM in May

E4C held its 36th annual general meeting under the beautiful skylights of city hall—a fitting venue as 2006 was a year of reflection, rediscovery, not to mention rebranding.

Our journey of reflection and rediscovery allowed us to look at our proud past, our strengths and our future. We will continue to focus on people—helping and supporting individuals and the community in undergoing positive change and increasing capacity. Our efforts are defined by Courage, Compassion, Connection and Commitment.

Our rebranding was not just a new logo and name, within our new brand, our values, beliefs and practices reflect the restated culture of E4C—that we are all about people and about the strength and capacities of people, families and communities—that we value and respect each person and work with them in partnership to achieve positive change.

During the AGM we took the opportunity

to focus on the people of E4C, and to honour and recognize our long time leaders and benefactors.

This year we chose to name several of our buildings and rooms within our facilities in honour of those who have made significant contributions to E4C.

The naming of these buildings is to reflect our sincere gratitude of the important contributions made by these people. Their courage and conscientious efforts over the years on E4C’s behalf were of great benefit to us all. Their understanding of community problems led to compassionate actions that have contributed to the betterment of individuals and the community as a whole.

Those honoured in 2006 were: Martin Garber-Conrad, Betty Hamilton, Art Holmes, Ed Laboucane, H. Pat Macdonald, Myrtle Slack, Carl Sorensen Muriel Stanley Venne and the Stollery Family Foundation.



E4C Board President, P.J. Duggan, presents a plaque to Mrs. Noreen Laboucane, which posthumously honours her husband Ed, for his dedicated service to E4C and the community. E4C has named one of its buildings Laboucane Place in tribute to Ed.

Please visit our website at: [www.e4calberta.org](http://www.e4calberta.org) to see more photos and read the full details on the honourees.



Envoy is published by E4C

If you have any comments or submissions for the newsletter please feel free to contact the Envoy editor, Judith Paquin. Call 424-7543, write to 9321 Jasper Avenue, Edmonton, AB T5H 3T7 or email: [jpaquin@e4calberta.org](mailto:jpaquin@e4calberta.org)

# Words from the Director of Programs

## A Time to Play

Summer has finally arrived! Many of us look forward to this time of year to rest, play, get away and spend time with family and friends. Unfortunately, summer offers little reprieve for persons and families facing poverty struggling to make ends meet. For persons that have lost their home or have no place to belong, summer recreation and play are luxuries out of reach. E4C recognizes this and many of our programs offer special programming and events during summer time.

School Lunch Program's Snack in the Shack offers daily snacks throughout the summer for children playing at the City's Green Shack playground sites and at three community day camps. Snacks are provided in locations where families are most likely to struggle with meeting their children's nutritional needs. ArtStart is partnering with City Centre Education Project providing a six-week day camp for children to offer new and enriched learning opportunities. The Northeast Teen Centre's Tweenie Program expands its field trips for children aged 8 to 12 to once weekly in the summer, visiting many places like the zoo, city parks and a roller skating centre.

Meadow's Place, McCauley Apartments and other E4C housing residents may attend a week-long Inner City Mental Health Camp, where participants can experience outdoor recreation like fishing, horseback riding, golf and other activities that many would otherwise have limited opportunities to engage in. WEAC offers residents a day trip to the beach to swim and picnic, and also partners with sister agencies to put on the Inner City Barbeque offering free food, entertainment and fun family activities to over 500 persons each year.

So as you enjoy your summer with family and friends, please share with others the important work that we do at E4C to ensure many children, individuals and families have an enjoyable summer as well!

- Kourch Chan



E4C housing residents enjoying summer camp last year



## Local Realtor Walks for Kids

Sid Vander Meulen raises over \$40,000 in 11 city walking tour for the School Lunch Program



Sid Vander Meulen, past president of both the Edmonton Real Estate Board and the Edmonton Realtors' Charitable Foundation, honoured his 50th Anniversary as a landed immigrant to Canada, by participating in the 61 Elfsteden, an eleven city walking tour of Holland in May 2007. The walk covered 205 kilometers and took a total of 5 days to complete. Each day supporters

of the walk and those who participated in the event were up between the hours of 7:00 am to 7:00 pm.

Prior to his walk, Sid was volunteering at Abbot school in April. While he was serving lunch, an announcement came over the P.A. telling the students and staff all about his upcoming walk. Sid said that it was too bad that he was too busy to listen and hear everything, but the students knew he was there and serving lunch.

Sid said, "My pay off for the walk came after, when we were cleaning up and most of the students had gone outside a young girl, 8-9 years old came to me and said, 'thank you for walking for us, I hope you have a nice time'. It is too

bad that an encouragement like that cannot be deposited in the bank, but this little lady will shoot me across the finish line every day of my walk".

Sid has come back to Edmonton and is feeling as good as ever! He successfully completed the walk and raised over \$40,000 in support of the Edmonton's School Lunch Program. Sid has been a strong supporter of the program for many years and his courage, commitment, and compassion are appreciated by the School Lunch Program and all the children it supports every school day of the year. Thanks to Sid for his commendable efforts and all those that provided pledges for the 61 Elfsteden walk.

- Manisha Patel

# The Gift of Volunteering

## Volunteer with ArtStart and Enrich the Lives of Children and Yourself

Not only was this year ArtStart's 5th year as an E4C program, it was also its most successful! With the largest enrolment to date, several gallery showings, a beautiful year-end show, numerous field trips to arts events and six participants receiving scholarships for further artistic education it's easy to see why it was such a great year!



One of the reasons for such success was the dedicated and talented team of volunteers. ArtStart has a diverse range of 20 volunteers that dedicate at least one hour a week to working with our fantastic students. Our volunteers are instructors, program assistants (that assist our instructors in the class) and administrative/special event volunteers. These volunteers work in visual art, music, dance and drama. They develop curriculum, help with set up/clean up, instruct the students and work one-on-one with them to assist with their skill and talent development. At times they help procure donations for our program too!

Just as important are the office and special event volunteers. These individuals have talents and abilities in other areas; namely organization! ArtStart relies on community donations and the creation of special events for our students. The volunteers in this area help develop ArtStart friends and supporters, book venues for events and help decorate and 'staff' these special events.

ArtStart's summer is a time of preparing for the new academic year. We are therefore renewing our search for qualified volunteers. Our volunteer instructors must be over the age of 17 and have significant professional or student experience in their artistic medium.

Program assistants must love hanging out with kids and have a passion for the arts. Experience in the arts is an asset.

Administrative/special event volunteers must have great organizational skills as well as some experience in research and fund development.

For the 2007/08 year, ArtStart is especially looking for instructors who can provide musical instruction. We constantly have a waiting list of students looking for instruction in piano, voice, drums, guitar and other instruments. We are also looking to expand our dance program and require instructors and program assistants. All other volunteers are more than welcome to get in touch as well!

ArtStart is a fantastic program in which to volunteer your time! Our volunteers attend shows and galleries for their volunteer appreciation events and act as chaperones for students on field trips. ArtStart classes are always filled with laughter and chatter with the students and volunteers enjoying their time with each other in a relaxed and artistically enriching environment. Join us today for a rewarding experience as you assist in the skill and talent development of Edmonton's children.

- Cadence Konopaki

## Making a Difference

### Staff Profile

#### Kathy Reid



I began my career with the Clareview Head Start Program in 1994. I wanted to take my skills as an Early Childhood Educator into the community. I am motivated to stay with Clareview Head Start because of the positive growth of both the families and the agency. I must also say that the beautiful building in which we work in is a great pleasure to be in after many years of moves, changes and challenges.

I have observed many positive changes in the families that attend Clareview Head Start and Early Head Start. Parents have learned and improved their parenting styles and skills. They have become advocates for their own children and have also become self-assured and more responsible members of the community as well as the school system. I have been pleased to have been a part of the developmental process.

The fact that the children in the program have experienced early intervention to their cognitive, physical, social and emotional needs leaves a very warm feeling with me. I have appreciated the help and support the families have experienced.

I have immensely enjoyed my part in acting as a mentor and support peer to the staff of Clareview Head Start over these past years. I am very proud of the program and staff as it has developed and grown over the years.

- Kathy Reid

# Thank You for Your Help!

In recent months, WEAC has reached its goal of replacing its mattresses. The generous support of the community has allowed us to raise over \$12,000 in new gifts towards its goal of replacing all of the worn-out mattresses. This represents an impressive accomplishment in a very short period of time.

It is with great appreciation that we honour the many community members and specifically Dacro Industries for their generous

contribution towards reaching the WEAC Mattress replacement project goal. The residents and staff of WEAC would specifically like to thank the members of the congregations of the six member churches of E4C for their generous contributions.

- McDougal United,
- First Baptist
- Augustana Lutheran,
- All Saints Anglican
- St. Josephs Basilica
- Anglican Parish of Christ

## E4C and Safeway partner for successful campaign

Safeway We Care Program recently wrapped up at Abbotsfield Safeway. This fundraising program continues to be one of the most unique and successful grassroots employee and community fundraising programs in Canada.

We would like to thank Abbotsfield Safeway Staff and Management as well as the many volunteers who made a significant impact in raising both funds for E4C and awareness of E4C Programs in the community:



Early Head Start Staff  
 Clareview Head Start Staff  
 Nancy Fok, St Francis Assisi Elementary School  
 Dan Glugosh, McCauley Apartments  
 Moses Lee, E4C  
 Pat Lema, St Francis Assisi Elementary School  
 Del Marlow, Elizabeth House  
 Ray Martin, MLA Edmonton Beverley-Clareview  
 Susan Sinclair, St Francis Assisi Elementary School  
 Tina Twin-Gladue, Crossroads  
 Tanya Tellier, WEAC  
 Kim Turcotte, E4C



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## E4C Programs Include:

**Child & Youth Nutrition**  
 Edmonton's School Lunch  
 Nutrition Snack  
 Snack in the Shack

**Child & Family Success**  
 ArtStart  
 Clareview Head Start  
 Early Head Start

**Community Mental Health**  
 Laboucane Place  
 McCauley Apartments  
 Meadow's Place  
 Our Place & Our Other Place  
 Sorensen Place

**Places to Call Home**  
 G-C Place  
 Gold Nugget Suites  
 Stollery Place

**Youth Services, Housing & Job Training**  
 Crossroads House  
 Kids in the Hall Bistro  
 North East Teen Centre

**Emergency & Transitional Services**  
 Crossroads Downtown  
 Crossroads House Too  
 Crossroads Outreach  
 Elizabeth House  
 Home 4 Healing  
 WEAC  
 Women's Reintegration

Founded in 1970, E4C is a registered charitable human services organization.

Charitable Registration # 13155 8140 RR0001

E4C is registered at [CanadaHelps.org](http://CanadaHelps.org) to make online donations.  

 Giving made simple.



**United Way**  
 Member Agency