



One in five children in Edmonton live in poverty.

By providing a well-balanced lunch to children, E4C's School Lunch Program is helping children to concentrate on their schoolwork and not on their hunger.



Hunger Makes Learning Harder

Goals

- To enable children to learn in school.
- To improve food security for children and their families.
- To help caregivers and community members develop skills.

E4C's School Lunch Program positively influences student behaviour, attendance, morale, concentration and learning ability, eating habits and the social climate in the school.

Each year we serve over 300,000 meals to hungry children!

The lunches are prepared and delivered to 2,000 children at twelve high-needs schools.



Changing Lives • Growing Community

The School Lunch Program is a part of E4C's Nutrition and Community Services Division.

E4C is a charitable, human services organization that works towards changing lives and building stronger communities by:

- Feeding hungry people
- Creating affordable housing
- Providing safety and support
- Parenting and early learning

E4C
9321 Jasper Avenue
Edmonton, AB
T5H 3T7
ph (780) 424-7543
fax (780) 425-5911
email: info@e4calberta.org
www.e4calberta.org

All donations are tax-deductible.
Charitable Registration Number: 13155-8140-RR0001



Additional Programs:

Snack Programs:

- provide a nutritious mid-morning snack each school day to over 5,500 children in high-needs schools/sites
- provide nutritious snacks to children at various high-needs park sites through the summer months

More than a million nourishing snacks are served each year!

The **Young Chefs** program, providing opportunities, for children to develop skills in meal preparation, food safety, kitchen clean-up and teamwork.

A **Community Garden** located at Alex Taylor School, giving local residents an opportunity to grow their own produce. Each garden member plants and maintains their own garden space and also works collectively on common areas in the garden.

E4C'S NUTRITION AND COMMUNITY SERVICES DIVISION

ph (780) 424-5408
fax (780) 424-1201
email: lunch@e4calberta.org

9321 Jasper Avenue
Edmonton, AB T5H 3T7
www.e4calberta.org