

Women
Moving
Forward



Supporting Healthy and Productive Lives for Women



Changing Lives • Growing Community

Women Moving Forward is a part of the E4C family.

E4C is a charitable, human services organization that works towards changing lives and building stronger communities by:

- Feeding hungry people
- Creating affordable housing
- Providing safety and support
- Parenting and early learning

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All donations are tax-deductible.
Charitable Registration Number: 13155-8140-RR0001

The Women Moving Forward (WMF) Program addresses pre-employment readiness for homeless women residing at E4C's shelter programs: The Women's Emergency Accommodations Centre (WEAC) and Elizabeth House.

The goals of WMF are to support women to:

- Achieve stability in their lives by addressing issues contributing to their homelessness
- Facilitate their access to and use of existing government and community programs which can help them achieve stability and enhance their employment readiness
- Access training and ultimately find and maintain sustainable employment

WMF utilizes an individualized and holistic approach to increase participants' capacity to become self-sufficient to the greatest degree possible, while acknowledging multiple barriers faced by the women using E4C's shelter programs. Program services are guided by individual assessment, service planning, and outreach support addressing any or all of the following components:

- Getting started by changing personal circumstances
- Cultural connections
- Employment and life management skills
- Specific work skills training
- Job placement and support with sustaining employment
- Independent life management

Women Moving Forward liaise with employers to develop job opportunities for clients. Women Moving Forward provides ongoing support, follow up, and conflict resolution for client and employer after the client has been placed in employment.

WOMEN MOVING FORWARD

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